



THE PARISH JARROW AND SIMONSDIDE

*We aim to share our faith, hope and love in God with all,
through our worship, witness and service.*

Join Services on-line via Facebook Livestream:

<https://www.facebook.com/ParishOfJarrowAndSimonside>

For more information, please see our parish website:

www.parishofjarrowandsimonside.info

The Parish Office is open Tuesday to Friday 9.30 am to 12 noon at

St. Peter's Church Centre, York Avenue, Jarrow, NE32 5LP

Tel: **0191 489 1925** (+ Answerphone)

Email: jarrowandsimonside@gmail.com

Sunday 1st March 2026 – Second Sunday of Lent

***You are warmly invited to worship with us this Sunday
for our 10:00 am Parish Eucharist at St John's***

**Due to ongoing maintenance work at
St. John's, there is no heating at the
moment - so please do wrap up well.**



Hymn Numbers for Sunday

St John's

21

All my hope on God is founded

74

Be thou my vision (tune as 386)

606

*Praise to the holiest in the height
(1st tune)*

355

Let all mortal flesh keep silence

536

O Jesus, I have promised

This week we prayer for:

- All who live, work, worship, or study in our parish.
- Those facing hardship or uncertainty.
- Our nation and it's leaders. King Charles III and his family.
- Bishop Sarah Mullally, Bishop Sarah Clark as she prepares to move to Ely and Archdeacon Rick Simpson as he prepares to become our next Bishop of Durham. Archdeacon Katherine and Archdeacon Libby.
- Our Church Wardens and PCC Members as we put arrangements in place for an interregnum
- Revd Lesley, Richard and Rosie as they prepare to move to the Parish of Corfe Mullen.

Assuring you of our Prayers, Revd Lesley, Revd Andrew and Revd Obinna.

Collect

Almighty God,
by the prayer and discipline of Lent
may we enter into the mystery of Christ's
sufferings,
and by following in his Way
come to share in his glory;
through Jesus Christ our Lord.

Post Communion Prayer

Almighty God,
you see that we have no power of ourselves
to help ourselves:
keep us both outwardly in our bodies,
and inwardly in our souls;
that we may be defended from all adversities
which may happen to the body,
and from all evil thoughts which may assault
and hurt the soul;
through Jesus Christ our Lord.

Old Testament Reading Genesis 12.1-4a The Call of Abram

12 The Lord had said to Abram, “Go from your country, your people and your father’s household to the land I will show you. ²“I will make you into a great nation, and I will bless you; I will make your name great, and you will be a blessing. ³I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you.” ⁴So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he set out from Harran.

Psalm 121 - *The Lord shall keep you from all evil.*

1 I lift up my eyes to the hills; ♦
from where is my help to come?
2 My help comes from the Lord, ♦
the maker of heaven and earth. [R]
3 He will not suffer your foot to stumble; ♦
he who watches over you will not sleep.
4 Behold, he who keeps watch over Israel ♦
shall neither slumber nor sleep. [R]

5 The Lord himself watches over you; ♦
the Lord is your shade at your right hand
6 So that the sun shall not strike you by
day, ♦ neither the moon by night. [R]
7 The Lord shall keep you from all evil; ♦
it is he who shall keep your soul.
8 The Lord shall keep watch over your
going out and your coming in, ♦
from this time forth for evermore. [R]

Refrain: The Lord shall keep you from all evil.

New Testament Reading Romans 4.1-5, 13-17 - The Example of Abraham

What then shall we say that Abraham, our forefather according to the flesh, discovered in this matter? ²If, in fact, Abraham was justified by works, he had something to boast about—but not before God. ³What does Scripture say? “Abraham believed God, and it was credited to him as righteousness.”⁴ Now to the one who works, wages are not credited as a gift but as an obligation. ⁵However, to the one who does not work but trusts God who justifies the ungodly, their faith is credited as righteousness. ¹³It was not through the law that Abraham and his offspring received the promise that he would be heir of the world, but through the righteousness that comes by faith. ¹⁴For if those who depend on the law are heirs, faith means nothing and the promise is worthless, ¹⁵because the law brings wrath. And where there is no law there is no transgression.

¹⁶Therefore, the promise comes by faith, so that it may be by grace and may be guaranteed to all Abraham’s offspring—not only to those who are of the law but also to those who have the faith of Abraham. He is the father of us all. ¹⁷as it is written, ‘I have made you the father of many nations’—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Gospel Reading John 3. 1-17 Nicodemus Visits Jesus

3 Now there was a Pharisee, a man named Nicodemus who was a member of the Jewish ruling council. ² He came to Jesus at night and said, "Rabbi, we know that you are a teacher who has come from God. For no one could perform the signs you are doing if God were not with him." ³ Jesus replied, "Very truly I tell you, no one can see the kingdom of God unless they are born again." ⁴ "How can someone be born when they are old?" Nicodemus asked. "Surely they cannot enter a second time into their mother's womb to be born!" ⁵ Jesus answered, "Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. ⁶ Flesh gives birth to flesh, but the Spirit gives birth to spirit. ⁷ You should not be surprised at my saying, 'You must be born again.' ⁸ The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit." ⁹ "How can this be?" Nicodemus asked. ¹⁰ "You are Israel's teacher," said Jesus, "and do you not understand these things? ¹¹ Very truly I tell you, we speak of what we know, and we testify to what we have seen, but still you people do not accept our testimony. ¹² I have spoken to you of earthly things and you do not believe; how then will you believe if I speak of heavenly things? ¹³ No one has ever gone into heaven except the one who came from heaven—the Son of Man. ¹⁴ Just as Moses lifted up the snake in the wilderness, so the Son of Man must be lifted up, ¹⁵ that everyone who believes may have eternal life in him." ¹⁶ For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. ¹⁷ For God did not send his Son into the world to condemn the world, but to save the world through him.

The Parish Prayer List

John Ellison, Andrew Garvock, Mrs. Hewitt, Chris Haynes, Ann Taylor, Carol Woodfield, Christine, Gillian, Grant MacBeth, Ruth Banks, Jim, Isla Mohamed, Jonathan Hall, Judith, Maureen McLoughlin, Baby Chloe Grace Taylor, Killian Coyles, James Moore, Margaret Guy, Margaret Wilson, Sharon Duggan, Rebecca Fox, Harriet Frazer, Karon's son, Nora Lough, Kari, Elizabeth Blackburn, Joan Young, Steven, Les Davison, Carol McKenzie, James Shephard, Noreen Woodhouse, Angea, Sharon, Baby Zachary, Ian Myers, Revd Rajinder Daniel, Launa Daniel, Susan Pink, Jacqui Cullen, Muriel Robinson, Alek Horsepool, Margaret Graves, Kerry, Sheila, James, Gary Patterson, Caroline, George Dunn and Ian.

We pray also for the repose of the soul of all who have died recently.

(If you would like to add or remove a name from our list, please contact Leanne in the office.)



Prayer Circle

At 2.00 pm on Monday light a candle and join us in the community of the circle, all are welcome.



In the cold, dank March wood a snowdrop lightens our winter darkness with its soft gleam.
Tightly closed at first, its pale bud suddenly bursts into wonderful green, lace edged delicacy, fluttering bravely above the frost and snow.
Lord may we be like your snowdrop this Lententide.
At first tightly closed in upon ourselves, as we are once more drawn into the story of Christ's life and passion, yet ready to burst out in joy and thanksgiving at the glory of Easter Sunday.
May our faith shine out bravely lightening the darkness of the world's winter so that it blossoms into the spring of new life in Christ. Amen

Alison Bayne

Dates for your Diary

Tuesday 10th March St Peter's
6.30 for 7pm start
Evening Praise

Saturday 28th March St. John's
2 pm

Easter Afternoon Tea
£10.00 Inc. Easter Bonnet Parade, Raffle, Entertainment & Refreshments.

Wednesday 1st April St Peter's
7pm

Music & Readings for Lent with
Musica Johannis
No tickets needed, retiring collection in aid of parish funds.

Sunday 5th April St Peter's 10am Parish Service – Easter Day
Followed by refreshments in the hall

The Week ahead Monday to Sunday

Monday 2nd March

- 2:00 pm Circle of Prayer (at home)
- 11:00 am St. Paul's Church & Shop open (until 3:00 pm)

Tuesday 3rd March

- 9:15 am Morning Prayer with the Ministry Team – St. Peter's
- 10:00 am Midweek Service – Holy Communion - St. Peter's
- 11:00 am Place of Welcome / Warm Space until 1pm + Community Craft & Chat (Easter Cards)

Wednesday 4th March

- 9:15 am Morning Prayer with the Ministry Team – St. Simon's
- 10:00 am Midweek Service – Holy Communion - St. Simon's
- 11.00 am Place of Welcome / Warm Space until 1pm - St Simon's

Thursday 5th March

- 9:15 am Morning Prayer with the Ministry Team – St. John's
- 10:00 am Midweek Service – Holy Communion - St. John's

Saturday 7th March

- 12.00 pm St Paul's – Midday Prayers – Visitors & Pilgrims Welcome

Sunday 8th March

- 9.00 am Service of the Word at St John's
- 9.15am Holy Eucharist at St Simon's
- 11.00 am Holy Eucharist at St Paul's
- 11.00 am Holy Eucharist at St Peter's
- 16.00 pm Stations of the Cross – St John's

**St Paul's Church & Shop
open to visitors**

Monday to Saturday

11.00am - 3.00pm

Sunday's 2pm - 3.30pm

PARISH CONTACT DETAILS

Parish Wardens

St John's – Carol Cowen 0191 4300545

St Paul's -Fred Hemmer 07790 440325

St Peter's – Contact Office – 0191 4891925

St Simon's – Irene McConnachie- 07796 242116

Ministers: Rector – Revd Lesley Jones

revlesleyjones@gmail.com 07881 555580

Asst. Curate – Revd Andrew McAllister

revdandrewmcallister@gmail.com 07922 549350

To arrange a home visit please call ministers direct or contact the office.

If you would like to make a one-off gift to support our ongoing ministry and mission and care for our church buildings please use the collection plate, card machine, this QR code or visit the link below. Thank you.

<https://www.parishgiving.org.uk/donors/find-your-parish/jarrow-and-simonside-southtyneside/>



PLEASE READ THE PEW SHEET

- Take the paper copy home with you.
- Have it emailed to you; just email your request to:- jarrowamdsimonside@gmail.com
- Access it via the website: www.parishofjarrowandsimonside.info