



## THE PARISH JARROW AND SIMONSEIDE

We aim to share our faith, hope and love in God with all, through our worship, witness and service.

Join Services on-line via Facebook Livestream:

<https://www.facebook.com/ParishOfJarrowAndSimonside>

For more information, please see our parish website:

[www.parishofjarrowandsimonside.info](http://www.parishofjarrowandsimonside.info)

The Parish Office is open Tuesday to Friday 9.30 am to 12 noon at  
St. Peter's Church Centre, York Avenue, Jarrow, NE32 5LP

Tel: 0191 489 1925 (+ Answerphone)

Email: [jarrowandsimonside@gmail.com](mailto:jarrowandsimonside@gmail.com)

**Sunday 8<sup>th</sup> February 2026 – Second Sunday before Lent**

**Services in all four parish churches**



**Thank You Jacki for a wonderful Parish Lunch at  
The Lakeside, Good Food & Great Company!**

Assuring you of our prayers.

Revd Lesley, Revd Andrew and Revd Obinna

This week our prayers are asked for:-

All who live, work, worship or study in the parish; our nation and national life, for everyone struggling at this time; for King Charles III and his family; Bishop Sarah Mullally, and for Bishop Sarah Clark, and our Diocesan Leadership Team and all who lead in our Parish.

Please pray for our church wardens and PCC members as we put arrangements in place for an interregnum and for Revd Lesley, Richard and Rosie as they prepare to move to Salisbury Diocese and the Parish of Corfe Mullen.

## PARISH CONTACT DETAILS

### Parish Wardens:

St. John's – Carol Cowan **0191 4300545**

St. Paul's – Fred Hemmer **07790 440325**

St. Peter's – Contact Office on **0191 4891925**

St. Simon's – Irene McConnachie **07796 242 116**

**Parish Administrator** – Leanne Reilly **0191 4891925**

### Parish Safeguarding Officer:

Irene McConnachie **07796 242 116**

**Ministers:** Rector – Revd Lesley Jones

[revlesleyjones@gmail.com](mailto:revlesleyjones@gmail.com) **07881 555580**

Asst. Curate – Revd Andrew McAllister

[revdandrewmcallister@gmail.com](mailto:revdandrewmcallister@gmail.com)

**07922 549350**

To arrange a home visit please call  
ministers direct or contact the office.

## Hymn Numbers

### for Sunday

#### St. Paul's

**250**

(Omit verses 5 & 6)

#### **Psalm 136**

(Verses 1 – 9)

**174**

**390**

**498**

**453**

#### St. Peter's &

#### St. John's

**15**

(Omit verses 5 & 6)

**98**

**84**

**362**

**180**

#### St. Simon's

Please see Hymn

Sheet

## Collect

## Post Communion Prayer

Almighty God,  
give us reverence for all creation  
and respect for every person,  
that we may mirror your likeness  
in Jesus Christ our Lord.

God our creator, by your gift  
the tree of life was set at the heart of the earthly  
paradise,  
and the bread of life at the heart of your Church:  
may we who have been nourished at your table on  
earth be transformed by the glory of the Saviour's  
cross and enjoy the delights of eternity;  
through Jesus Christ our Lord.

***Old Testament Reading – Genesis 1:1 – 2:3 - Six Days of Creation and the Sabbath***

<sup>1</sup> In the beginning when God created the heavens and the earth, <sup>2</sup> the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. <sup>3</sup> Then God said, 'Let there be light'; and there was light. <sup>4</sup> And God saw that the light was good; and God separated the light from the darkness. <sup>5</sup> God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

<sup>6</sup> And God said, 'Let there be a dome in the midst of the waters, and let it separate the waters from the waters.' <sup>7</sup> So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. <sup>8</sup> God called the dome Sky. And there was evening and there was morning, the second day.

<sup>9</sup> And God said, 'Let the waters under the sky be gathered together into one place, and let the dry land appear.' And it was so. <sup>10</sup> God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. <sup>11</sup> Then God said, 'Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.' And it was so. <sup>12</sup> The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. <sup>13</sup> And there was evening and there was morning, the third day.

<sup>14</sup> And God said, 'Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, <sup>15</sup> and let them be lights in the dome of the sky to give light upon the earth.' And it was so. <sup>16</sup> God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. <sup>17</sup> God set them in the dome of the sky to give light upon the earth, <sup>18</sup> to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. <sup>19</sup> And there was evening and there was morning, the fourth day.

<sup>20</sup> And God said, 'Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.' <sup>21</sup> So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. <sup>22</sup> God blessed them, saying, 'Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.' <sup>23</sup> And there was evening and there was morning, the fifth day.

<sup>24</sup> And God said, 'Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.' And it was so. <sup>25</sup> God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good. <sup>26</sup> Then God said, 'Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.'

<sup>27</sup> So God created humankind in his image, in the image of God he created them; male and female he created them. <sup>28</sup> God blessed them, and God said to them, ‘Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.’ <sup>29</sup> God said, ‘See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. <sup>30</sup> And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.’ And it was so. <sup>31</sup> God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

**2** Thus the heavens and the earth were finished, and all their multitude. **2** And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. **3** So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

### Psalm 136:1-9 Refrain: *for his mercy endures for ever.*

1 Give thanks to the Lord, for he is gracious, ♦	<i>for his mercy endures for ever;</i>
2 Give thanks to the God of gods, ♦	<i>for his mercy endures for ever;</i>
3 Give thanks to the Lord of lords, ♦	<i>for his mercy endures for ever;</i>
4 Who alone does great wonders, ♦	<i>for his mercy endures for ever;</i>
5 Who by wisdom made the heavens, ♦	<i>for his mercy endures for ever;</i>
6 Who laid out the earth upon the waters, ♦	<i>for his mercy endures for ever;</i>
7 Who made the great lights, ♦	<i>for his mercy endures for ever;</i>
8 The sun to rule the day, ♦	<i>for his mercy endures for ever;</i>
9 The moon and the stars to govern the night, ♦	<i>for his mercy endures for ever;</i>

### New Testament Reading – Romans 8:18-25 – Future Glory

<sup>18</sup> I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. <sup>19</sup> For the creation waits with eager longing for the revealing of the children of God; <sup>20</sup> for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope <sup>21</sup> that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. <sup>22</sup> We know that the whole creation has been groaning in labour pains until now; <sup>23</sup> and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. <sup>24</sup> For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? <sup>25</sup> But if we hope for what we do not see, we wait for it with patience.

### Gospel Reading – Matthew 6:25 to end – Do not worry

<sup>25</sup> ‘Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? <sup>26</sup> Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? <sup>27</sup> And can any of you by worrying add a single hour to your span of life? <sup>28</sup> And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, <sup>29</sup> yet I tell you, even Solomon in all his glory was not clothed like one of these. <sup>30</sup> But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the

## Sunday 8<sup>th</sup> February 2026 – Second Sunday before Lent

oven will he not much more clothe you—you of little faith? <sup>31</sup> Therefore do not worry, saying, “What will we eat?” or “What will we drink?” or “What will we wear?” <sup>32</sup> For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. <sup>33</sup> But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

### The Parish Prayer list

John Ellison, Andrew Garvoe, Mrs. Hewitt, Chris Haynes, Ann Taylor, Carol Woodfield, Christine, Gillian, Grant MacBeth, Ruth Banks, Jim, Isla Mohamed, Jonathan Hall, Judith, Maureen McLoughlin, James Moore, Margaret Guy, Margaret Wilson, Sharon Duggan, Rebecca Fox, Harriet Frazer, Karon's son, Nora Lough, Kari, Elizabeth Blackburn, Joan Young, Steven, Marion Wheetman, Les Davison, Carol McKenzie, Jeames Shephard, Noreen Woodhouse, Angea, Sharon, Baby Zachary, Ian Myers, Revd Rajinder Daniel, Launa Daniel, Susan Pink, Jacqui Cullen, Muriel Robinson, Alek Horsepool, Margaret Graves, Kerry, Sheila James, Gary Patterson, Caroline, George Dunn and Ian.

We pray also for the repose of the soul of all who have died recently.

*(If you would like to add or remove a name from our list, please contact Leanne in the office.)*



**February** – Paper Crafts  
**March** – Easter Cards  
 We meet every week  
 Any questions,  
 give Susan a call  
**07931 445097**

**At 2.00 pm on Mondays, we pray together from wherever we are. Everyone is welcome in the Circle of Prayer.**

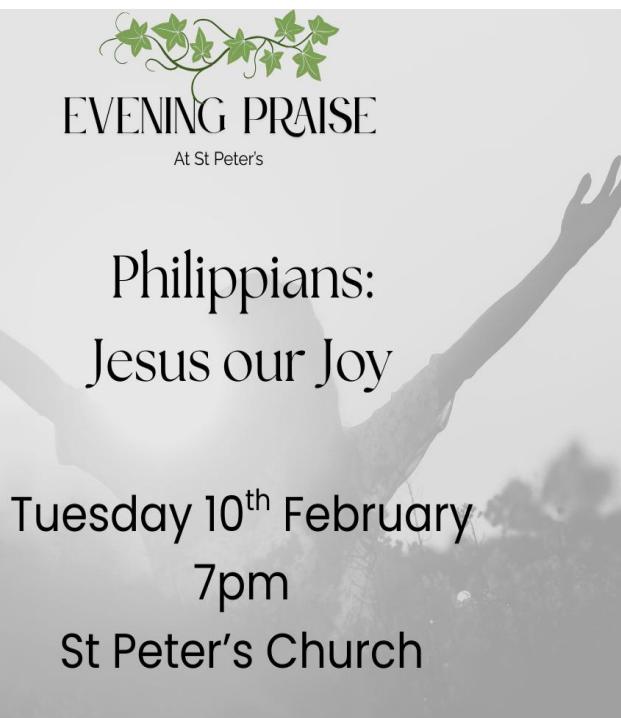


*God's work of art. That's me?  
 Then beauty must lie in the eye of the  
 Beholder.*

*I feel more like one of those statues  
 Michelangelo,  
 left half emerging, from the block.  
 Full of potential, on the verge of life,  
 but prisoned still, by circumstance and fear.*

*Yet part of me is Free –  
 and you are still Creating,  
 bring to life the promise that is there.  
 Sometimes by tender strokes half felt,  
 which awaken me to life.*

*Go on, Lord, Love me into wholeness.  
 Set me free, to share with you,  
 in your creative joy.  
 To laugh with you, at your delight in Me.  
 Your work of art! Amen*



## Sunday to Sunday

Date	Time	Worship, Activity or Event	Location
Sunday 8th February	<b>Second Sunday before Lent</b>		
	9.00 am	Service of the word with Local Lay Worship Leaders Barbara and Simon	St. John's
	9.15 am	Service with Holy Communion with Revd Andrew	St. Simon's
	11.00 am	Service with Holy Communion with Revd Lesley and Local Lay Worship Leader Simon	St. Paul's
	11.00 am	Service with Holy Communion with Revd Andrew	St. Peter's
Monday 9 <sup>th</sup> February	2.00 pm	Circle of Prayer, praying together, wherever we are, please see page 4 for this week's prayer.	Wherever we are
Tuesday 10 <sup>th</sup> February	9.15 am	Morning Prayer with the Ministry Team	St. Peter's
	10.00 am	Midweek Service with Holy Communion with Revd Andrew	
	11.00 am	Place of Welcome/Warm Space Open until 1 pm with Community Craft and Chat Group	
	6.30 pm	Evening Praise 6.30 for 7 pm	
Wednesday 11 <sup>th</sup> February	9.15 am	Morning Prayer with the Ministry Team	St. Simon's
	10.00 am	Midweek Service with Holy Communion with Revd Obinna	
	11.00 am	Place of Welcome/Warm Space Open until 1 pm	
Thursday 12 <sup>th</sup> February	9.15 am	Morning Prayer with the Ministry Team	St. John's
	10.00 am	Midweek Service with Holy Communion with Revd Andrew	
Sunday 15 <sup>th</sup> February	<b>Sunday next before Lent</b>		
	9.00 am	Service with Holy Communion with Revd Andrew	St. John's
	9.15 am	Service of the word with Local Lay Worship Leader	St. Simon's
	11.00 am	Service with Holy Communion with Revd Andrew	St. Paul's
	11.00 am	Service with Holy Communion & Baptisms with Revd Lesley	St. Peter's
	1.00 pm	Family Baptism Service with Revd Andrew	St. Simon's

If you would like to make a one-off gift to support our ongoing ministry and mission and care for our church buildings

please use the collection plate, card machine, this QR code or visit the link below. Thank you.

<https://www.parishgiving.org.uk/donors/find-your-parish/jarrow-and-simonside-southtyneside/>



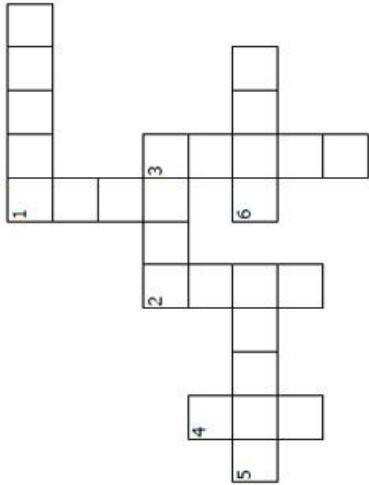
### Are you thinking about the Bible, Baptism or Confirmation?

Revd Andrew is about to begin our next informal course – The Bible Course - for new Christians and anyone keen to learn more about the Bible, even if you have been coming to church for decades! The next session is 7 pm on Monday 16<sup>th</sup> February. For more information, please contact Revd Andrew or just come along.

# The Lilies of the Field

Consider the lilies of the field, how they grow; they toil not, neither do they spin. Matthew 6:28 (KJV)  
The puzzle is based on Matthew 6:24-34 (NIV).

I C F D U Q B Q K L X F L I H  
F W D E X D T G F V I S U H S  
U I O R E A W L R L G L P S I  
L O E R E D X D H O G D I I R  
I C T L R S S K Y Q W K R E N  
F O M B D Y S N Y A F O O D S  
E T W X I N P E S B I R D S C  
R S T O R E Y L D B A R N S V  
B L I F T X S S B W W V X Y W  
B I B N A H E P F N L R P O X  
Z C O L D H L A B O R D S I J  
A S D V T R F L R E A P P R U  
Q L Y O Y U I T H I F A A Z A  
F Y L R U R R N M Q O E B J A  
N C Z I G T U W K D W Y B S T



## ACROSS

1. To be uneasy or concerned about something; to be troubled.
2. A creature with feathers and wings, usually able to fly
5. Work, especially that which involves physical effort
6. A plant with large, usually bell-shaped flowers on long stems

## DOWN

1. To have on your body (clothing, for example)
2. A large building on a farm in which grain and animals are often kept
3. To take in and swallow liquid through the mouth
4. To put food into the mouth, chew it, and swallow it

EAT  
BARN

DRINK  
LABOR

WEAR  
LILY

BIRD  
WORRY

SPIN	BODY	REAP	LABOR	DRINK
BIRDS	SOW	WEAR	FEEDS	CLOTHES
FIELD	FOOD	LILIES	GROW	BARNs
LIFE	DRESSED	STORE	EAT	WORRY



# The Lilies of the Field

Consider the lilies of the field, how they grow; they toil not, neither do they spin. Matthew 6:28 (KJV)  
This puzzle is based on Matthew 6:24-34 (NIV).

